

EARLY CHILDHOOD & FAMILY SERVICES

INFANT MENTAL HEALTH

ELIGIBILITY REQUIREMENTS:

- Families must live in Wayne County
- Children birth to six
- Pregnant and Postpartum women

We accept Medicaid and some private insurances please call to inquire



For more information about Early Childhood & Family Services clinical services please contact:

Kelsi Podgorski, LMSW, IMH-E 313-255-0900 ext. 2110 KPodgorski@develctrs.org Or

Access Department: 313-531-2500

Development Centers Early Childhood & Family Services

17321 Telegraph Detroit, MI 48219



A child's earliest relationships and care provide the foundation for healthy growth and development.

Therefore, we are dedicated to providing family-centered services that nurture, strengthen and empower caregivers, promote positive attachment relationships and encourage the development of young children to their highest potential.



HOW CAN WE HELP:

- Support in developing a positive, nurturing relationship with your child
- · Talking about and learning about your child's growth and development
- Learning coping skills related to your child's crying, sleeping and eating difficulties
- · Understanding infant, toddler and preschool needs and behaviors
- · Support in stressful life situations that impact parenting
- · Talking about and building your support system
- Talking about your experience with depression, stress and difficulty coping with a new baby



YOU ARE IMPORTANT TO YOUR BABY!

Services include:

- Interventions in the child's home, in the office and/or at school
- Play Therapy
- · Relationship Based Therapy
- · Strengths based approach
- · Trauma Informed
- · Tracking you child's development
- Working with a trained professional who understands the development and behaviors of young children and the importance of parent-child relationships

